

Trunk and Lower Quadrant Fascial Chains

May 5 and 6, 2018

Ottawa

Carleton University

Presented by: Anne Hartley

Course Description

A dynamic hands-on manual course designed for the therapist who wants to learn the fascial chains of the trunk and lower quadrant. The anatomy of the fascial chains and where they run will be studied. Techniques to help mobilize these fascial chains and regain range of motion in the joints, muscles and connective tissue will be demonstrated and done in partners.

CATA 6 CEU's
OMTA 7.7 CEU's
OAO 14 CEU's

Sponsor: **GoodLife FITNESS**

Agenda

Saturday

8:00 - 8:30

Registration

8:30 – 10:30

The anatomy of the posterior, lateral, anteromedial and anterior fascial chain of the lower quadrant will be taught.

10:30 – 12:00

Manual testing of the trunk and lower quadrant fascial chains

12:00 – 1:00

Lunch

1:00 – 5:00

Manual techniques to mobilize the posterior and lateral chains of the lower quadrant

Sunday

8:30 – 12:00

Manual techniques to mobilize the abdominal fascia

12:00 – 1:00

Lunch

1:00 – 5:00

Manual techniques to mobilize the anteromedial and anterior fascial chains of the lower quadrant

**Preferred registration payment
by Interac e-transfer to
annehartley@annehartleyagency.com or**

**Cheque: Payable to Anne Hartley
Agency
367 Markland Drive,
Etobicoke, Ont M9C 1S1**

Course Objectives

The participant will be able to:

Learn manual techniques for treatment of the pathology of the trunk and lower quadrant fascial chains

Assess for the dysfunctional component of the upper fascial chains

Advance their knowledge of anatomy of the connective tissue of the body

Practice manual techniques to regain motion lost by fascial restrictions

Determine pathologies that fascial restrictions causes

COST:

Early bird (30 days before course)
\$580.00.00 plus HST \$75.40=\$655.40
After April 5
\$600.00 plus HST \$78.00 = \$678.00

Tuition is refundable up until 30 days prior to the class. A \$50.00 processing fee applies for cancellation.

Please Contact:

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