

# *Cranial and Upper Quadrant Fascial Chains*

**April 13 and 14, 2019**  
**KMF Athletic Therapy**  
**Dartmouth, Nova Scotia**  
**Presented by: Anne Hartley**

## *Course Description*

A dynamic hands-on manual course designed for the therapist who wants to learn the fascial chains of the cranium and upper quadrant. The anatomy of the fascial chains and where they run will be studied. Techniques to help mobilize these fascial chains and regain range of motion in the joints, muscles and connective tissue will be demonstrated and done in partners.

CATA 6 CEU's  
OMTA 7.7 CEU's  
OAO 14 CEU's

**Sponsors: *GoodLife* FITNESS**

**GOrendezvous** - Online  
scheduling platform

## *Agenda*

### **Saturday**

**8:00 - 8:30**

Registration

**8:30 – 10:30**

The anatomy of the fascia of the cranium and cervical fascia.

**10:30 – 12:00**

Manual testing and treatment of the cranial and cervical fascia

**12:00 – 1:00**

**Lunch**

**1:00 – 5:00**

Mobilization of the cervical fascia

### **Sunday**

**8:30 – 10:30**

The anatomy of the upper quadrant fascial chains will be taught.

**10:30 – 12:00**

Manual testing of the upper quadrant fascial chains

**12:00 – 1:00**

**Lunch**

**1:00 – 5:00**

Mobilization of the upper quadrant fascial chains

**Preferred registration payment  
by E-transfer to**

**[annehartley@annehartleyagency.com](mailto:annehartley@annehartleyagency.com)**

**OR**

**Cheque: Anne Hartley**

**367 Markland Drive,**

**Etobicoke, On M9C 1S1**

## *Course Objectives*

The participant will be able to:

Learn manual techniques for treatment of the pathology of the cranial and upper quadrant fascial chains

Assess for the dysfunctional component of the upper fascial chains

Advance their knowledge of anatomy of the connective tissue of the body

Practice manual techniques to regain motion lost by fascial restrictions

Determine pathologies that fascial restrictions can cause

### ***COST:***

Early bird (30 days before course)

**\$580.00.00 plus HST \$87.00 = \$667.00**

After March 13

**\$600.00 plus HST \$90.00= \$690.00**

Tuition is refundable up until 30 days prior to the class. A \$50.00 processing fee applies for cancellation.

## ***Please Contact:***

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