

Intro to Cranial Work and TMJ Assessment and Rehab Workshop

April 18, 19, 2020
Sheridan College Brampton
Anne Hartley

Course Description

A dynamic hands-on manual course designed for the therapist who want to learn cranial techniques and manual skills to assess and treat the temporomandibular joint. An introduction to cranial assessment and treatment will be done day one. The next day will include the assessment of the TMJ, including the anatomy, mechanics, trigger points and dysfunctions. A treatment protocol will be developed and manual correction for the joint, muscle and fascia. Techniques will be demonstrated, and the manual skills will be performed in partners.

CEU's CATA 6, OMTA 7.75, OAO 14

**Sponsors: GoodLife FITNESS,
GoRendezvous Online Booking**

Agenda

Saturday
8:00 - 8:30 Registration
8:30 - 9:15 Basics of the cranial sacral mechanism
9:15 - 10:00 Primary Respiratory Mechanism
10:00 - 12:00 Cranial Sacral Mechanism
12:00 - 1:00 **Lunch**
1:00 - 2:00 Sphenoid, Occiput
3:00 - 3:30 Temporal Bone
3:30 - 5:00 Frontal, Parietal

Sunday
8:30 - 9:15 **TMJ**
a) arthrology
b) myology
c) fascial
9:15 - 10:30 Mechanics of the TMJ
10:30 - 12:00 Assessment of the TMJ
12:00 - 1:00 **Lunch**
1:00 - 5:00 **Treatment of the TMJ**
a) Manual techniques for the TMJ, mandible, maxilla, TMJ ligaments
b) Home exercises
c) Postural corrections

E-transfer to
annehartley@annehartleyagency.com or make
cheque payable to: **Anne Hartley Agency 367**
Markland Drive, Etobicoke, ON M9C 1S1

Please Contact:

Kirsty McKenzie

kirstymckenzie@annehartleyagency.com

289-259-4220

Course Objectives

The participant will be able to:

Intro to Cranial Work

- become familiar with the cranial sacral mechanism and the Primary Respiratory Mechanism (PRM).
- palpate the cranial sacral motion and PRM of the body.
- become familiar with some of the cranial bone anatomy and to palpate their motions (sphenoid, occiput, temporal, parietal, frontal).
- understand the mechanism and motion of the spheno-basilar symphysis and the sacrum.
- understand the principles of direct and indirect techniques.
- learn some decompaction and manual techniques for the SB junction, sacrum, frontal, parietal and temporal bones.

TMJ

- review the anatomy and mechanics of the temporomandibular joint
- assess for the dysfunctional components of the TMJ (arthrological, myological, fascial)
- learn manual techniques for treatment of the pathology of the temporomandibular joint.

COST:

Early bird (30 days before course) **\$580.00.00 plus HST \$75.40=\$655.40**
After March 18, 2020
\$600.00 plus HST \$78.00 = \$678.00

Tuition is refundable up until 30 days prior to the class. A \$50.00 processing fee applies for cancellation.