

Temporomandibular Joint Assessment and Rehabilitation Workshop

Oct 19, 2024 8:30 – 5:30
Sheridan College Brampton

Anne Hartley

Certified Athletic Therapist and
Osteopathic Manual Practitioner

Course Description

A dynamic hands-on manual course designed for the therapist who wants to learn manual skills to assess and treat issues with the temporomandibular joint. The workshop will include the assessment of the TMJ, including the anatomy, mechanics, trigger points, and dysfunctions. Treatment protocols will be developed and manual corrections for the joint, muscle and fascia will be taught. Techniques will be demonstrated, and the manual skills will be performed with partners.

Agenda

8:30 – 9:15 **TMJ ASSESSMENT**

- a) arthrology
- b) myology
- c) fascial
- d) cranial

9:15 – 10:30 Mechanics of the TMJ

10:30 – 12:00 Assessment of the TMJ

12:00 – 1:00 Lunch

1:00 - 5:30 **TMJ TREATMENT**

- a) Manual techniques for the TMJ, mandible, maxilla, TMJ ligaments
- b) Intraoral fascial and trigger point techniques
- c) Home exercises
- d) Postural corrections

Interac E-transfer to

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To Register please Contact:

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Course Objectives

The participant will be able to:

1. Review the anatomy and mechanics of the temporomandibular joint
2. Assess the TMJ for dysfunctions (arthrological, myological, fascial)
3. Learn manual treatment techniques for the dysfunctional temporomandibular joint.

Cost

Early bird (30 days before the course)
\$375.00 HST \$48.75. = \$423.75

After September 19, 2024
\$400.00 HST \$52.20 = \$452.00

Tuition is refundable up until 30 days prior to the class. A \$50.00 processing fee applies for cancellation.

CEUs

CATA 3.2, OAO 8

