

# *Temporomandibular Joint Assessment and Rehabilitation Workshop*

April 4, 2026 8:30 – 5:30 pm  
Sheridan College Brampton

**Anne Hartley**

Osteopathic Manual Practitioner  
Professor Emeritus Sheridan College

## *Course Description*

A dynamic hands-on manual course designed for the therapist who wants to learn manual skills to assess and treat issues with the temporomandibular joint. The workshop will include the assessment of the TMJ, including the anatomy, mechanics, trigger points, and dysfunctions. Treatment protocols will be developed, and manual corrections for the joint, muscle, and fascia will be taught. Techniques will be demonstrated, and the manual skills will be performed with partners.

## *Agenda*

8:30 – 9:15 **TMJ ASSESSMENT**

- a) arthrology
- b) myology
- c) fascial
- d) cranial

9:15 – 10:30 Mechanics of the TMJ

10:30 – 12:00 Assessment of the TMJ

12:00 – 1:00 Lunch

1:00 - 5:30 **TMJ TREATMENT**

- a) Manual techniques for the TMJ, mandible, maxilla, TMJ ligaments
- b) Intraoral fascial and trigger point techniques
- c) Home exercises
- d) Postural corrections

Interac E-transfer to

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***To Register please contact:***

*Anne Hartley*

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## *Course Objectives*

The participant will be able to:

1. Review the anatomy and mechanics of the temporomandibular joint
2. Assess the TMJ for dysfunctions (arthrological, myological, fascial)
3. Learn manual treatment techniques for the dysfunctional temporomandibular joint.

## *Cost*

Early bird until Feb 27  
\$400.00 HST \$52.20 = \$452.00

After Feb 27  
\$425.00 HST 55.25 = \$480.25

This includes a PowerPoint handout with 250 coloured slides

Registration is refundable up until 30 days prior to the class. A \$50.00 processing fee applies for cancellation.

## *CEUs*

CATA 3.2, OAO 8

